

Japanese Oolong Black Tea Hair Mask

Ingredients

5 bags of Japanese oolong black tea
3 cups of freshly boiled water (depending on hair length)
1 spray bottle

Directions

The great benefit of tea is that it hardly needs any additional ingredients to boost your beauty. Place bags in freshly boiled water and let it steep overnight. In the morning, pour the tea into a spray bottle. Cleanse your hair with the shampoo of your choice, then completely saturate your hair with the black tea rinse. Apply a deep conditioner and cover your hair for 30 minutes. Rinse with cold water.